

Program Guide

**INDOOR 2024/25 SEASON
OCTOBER TO MARCH**

"WE STRIVE TO GET THE BEST OUT OF EVERY RANGER"

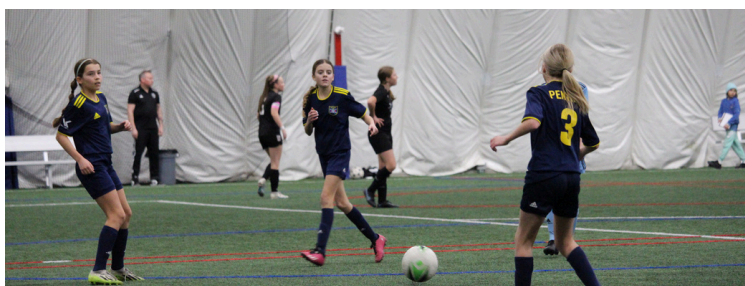


**CALGARY MINOR
SOCCER ASSOCIATION
U9-U19 BOYS & GIRLS
PROGRAM OVERVIEW**

**HIGH PERFORMANCE
ALBERTA PLAYER
DEVELOPMENT LEAGUE
& WINSPORT TRAINING**



- **ACADEMY SESSIONS**
- **RANGERS SKILL CENTRE**
- **GOALKEEPER ACADEMY**
- **EVALUATIONS**



- **VOLUNTEERING**
- **TEAM MANAGEMENT**
- **GEAR REQUIRMENTS**
- **REGISTRATION & PAYMENT**



HOME FIELD

Program Guide

INDOOR 2024/25 SEASON
OCTOBER TO MARCH



"WE STRIVE TO GET THE BEST OUT OF EVERY RANGER"

INDOOR PROGRAM OVERVIEW

Calgary Rangers Soccer Club is dedicated to providing a safe environment while creating a positive learning atmosphere for players of all ages and abilities. As a club, it is our responsibility to allow players, regardless of ability level, to push themselves to their desired level.

Joining the Calgary Rangers' CMSA program is perfect for any aspiring athlete who would like to play on a team. The team atmosphere is a great place to develop social skills, learn vital life skills, and meet lifelong friends. We try to match players of similar potential and commitment together.

Calgary Rangers teams are traditionally hardworking and well known for being respectful and honourable. These traits are valued by our coaches, technical staff, and club management.



**CMSA
REGISTRATION
DEADLINE
SEPT 13TH,
2024**

\$50 late fee applied after this date

KEY DATES

- Calgary Rangers programming begins October 1st and runs through March.
- CMSA games begin October 15th.
- Rangers Academy Fees due November 15th (if applicable).
- No Rangers sessions:
 - October 11th to 14th.
 - February 14th to 17th.
- Winter Break:
 - December 23rd to January 3rd.

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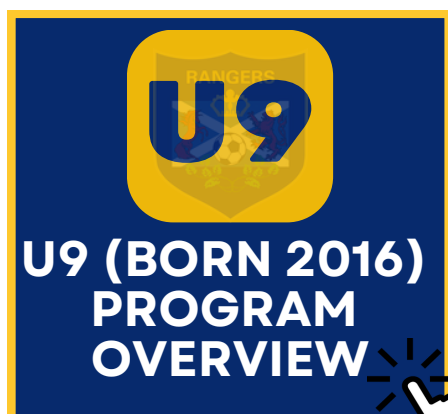


INDOOR 2024/25 SEASON
OCTOBER TO MARCH

"WE STRIVE TO GET THE BEST OUT OF EVERY RANGER"

INDOOR PROGRAM OVERVIEW:

Click the Below Links for More Information



U9
U9 (BORN 2016)
PROGRAM
OVERVIEW



U10
U10 (BORN 2015)
PROGRAM
OVERVIEW



U11
U11 (BORN 2014)
PROGRAM
OVERVIEW



U12
U12 (BORN 2013)
PROGRAM
OVERVIEW



U13
U13 (BORN 2012)
PROGRAM
OVERVIEW



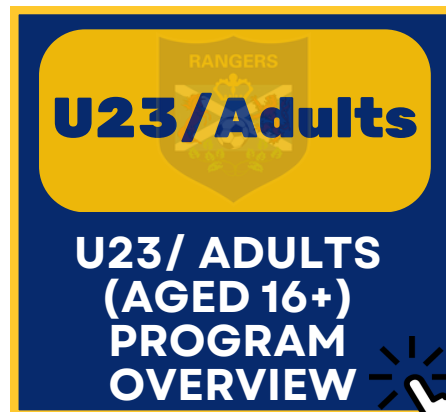
U14/15
U14/U15
(BORN 2011/10)
PROGRAM
OVERVIEW



U16/U17
U16/U17 (BORN
2009/2008)
PROGRAM
OVERVIEW



U18/U19
U18/U19 (BORN
2007/2006)
PROGRAM
OVERVIEW



U23/Adults
U23/ ADULTS
(AGED 16+)
PROGRAM
OVERVIEW

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INDOOR 2024/25 SEASON
OCTOBER TO MARCH

"WE STRIVE TO GET THE BEST OUT OF EVERY RANGER"

INDOOR PROGRAM OVERVIEW:

Click the Below Links for More Information



**EVALUATIONS
& GEAR
REQUIREMENTS**



**VOLUNTEER/
TEAM
MANAGEMENT/
FACILITY FEE**



U9/U11
U9-U11
DEVELOPMENT PLUS+
& DEVELOPMENTAL
PROGRAMMING



Dev+
DEVELOPMENTAL
PLUS+, T1/2
ACADEMY SESSIONS
& RANGERS SKILL
CENTRES



U12+
CMSA U12-U19
LEAGUE



U13+
ACADEMY
U13-U20



**RANGERS
GOALKEEPING
ACADEMY
& NATIONAL YOUTH
CLUB LICENCE**



APDL
APDL PLAYERS
& WINSPORT
TRAINING



**REGISTRATION
& PAYMENT**

DEVELOPMENT PLUS+

Dates:

- Team schedule available early October
- Rangers program runs Oct. 1st – March
- CMSA Season Dates
 - Nov. 2nd – Feb. 22nd
- Winter Break Dec. 23rd to Jan. 3rd

Program:

- Practices: 16 sessions
- Rangers Skill Centre: 5 x 60 min. sessions
- Rangers Academy: 12 x 60 min. sessions
- CMSA Match Days: Saturdays at Shane Homes West Soccer Centre, 5 vs. 5 format

Registration:

- Registration Fee: \$550 + Mandatory Academy/Skills Fee \$375
- Registration Fee Early Bird 10% off before Aug. 15th
- Registration Deadline of Sept. 13th, 2024 (\$50 late fee will be applied after this date)

DEVELOPMENT

Dates:

- Team schedule available early October
- Rangers program runs – Oct. 21st - March
- **NO CMSA GAMES**

Program:

- Practices: 12 sessions
- Rangers Skill Centre: 5 x 60 min. sessions
- 12 Match Days: Sundays at Calgary French International School, 4 vs. 4 format

Registration:

- Registration Fee: \$550 + Mandatory Academy/Skills Fee \$100
- Registration Fee Early Bird 10% off before Aug. 15th
- Registration Deadline of Sept. 13th, 2024 (\$50 late fee will be applied after this date)

PROSKILLZ PROGRAM (OPTIONAL)

- Skills program designed to develop and master individual skills and techniques to improve attacking creativity with an emphasis on developing technically gifted players.
- 12 x 60 min. sessions per season
- Fridays at Calgary French & International School
- Oct. 25th; Nov. 1st, 8th, 15th, 22nd, 29th; Dec. 6th, 13th; Jan. 10th, 17th, 24th.

DEVELOPMENT PLUS+

Dates:

- Team schedule available early Oct.
- Rangers program runs Oct. 1st – March
- CMSA Season Dates
 - Oct. 19th – March 9th
- Winter Break Dec. 23rd to Jan. 3rd

Program:

- Practices: 16 sessions
- Rangers Skill Centre: 5 x 60 min. sessions
- Rangers Academy: 15 x 60 min. sessions
- CMSA Match Days: Any day during the week; 7 vs. 7 format

Registration:

- Registration Fee: \$600 + Mandatory Academy/Skills Fee \$375
- Registration Fee Early Bird 10% off before Aug. 15th
- Registration Deadline of Sept 13th, 2024 (\$50 late fee will be applied after this date)

DEVELOPMENT

Dates:

- Team schedule available early Oct
- Rangers program runs October 1st – March
- CMSA Season Dates
 - Oct. 19th – March 2nd
- Winter Break Dec. 23rd to Jan. 3rd

Program:

- Practices: 15 sessions
- Rangers Skill Centre: 5 x 60 min. sessions
- CMSA Match Days: Any day during the week; 7 vs. 7 format

Registration:

- Registration Fee: \$600 + Mandatory Academy/Skills Fee \$100
- Registration Fee Early Bird 10% off before Aug. 15th
- Registration Deadline of Sept 13th, 2024 (\$50 late fee will be applied after this date)

PROSKILLZ PROGRAM (OPTIONAL)

- Skills program designed to develop and master individual skills and techniques to improve attacking creativity with an emphasis on developing technically gifted players.
- 12 x 60 min. sessions per season
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DEVELOPMENT PLUS+

Dates:

- Team schedule available early Oct.
- Rangers program runs Oct. 1st – March
- CMSA Season Dates
- Oct. 19th – March 9th
- Winter Break Dec. 23rd to Jan. 3rd

Program:

- Practices: 16 sessions
- Rangers Skill Centre: 5 x 60 min. sessions
- Rangers Academy: 15 x 60 min. sessions
- CMSA Match Days: Any day during the week; 7 vs. 7 format

Registration:

- Registration Fee: \$650 + Mandatory Academy/Skills Fee \$375
- Registration Fee Early Bird 10% off before Aug. 15th
- Registration Deadline of Sept. 13th, 2024 (\$50 late fee will be applied after this date)

DEVELOPMENT

Dates:

- Team schedule available Early Oct.
- Rangers program runs Oct. 1st – March
- CMSA Season Dates
 - Oct. 19th – March 2nd
- Winter Break Dec. 23rd to Jan. 3rd

Program:

- Practices: 15 sessions
- Rangers Skill Centre: 5 x 60 min. sessions
- CMSA Match Days: Any day during the week; 7 vs. 7 format

Registration:

- Registration Fee: \$650 + Mandatory Academy/Skills Fee \$100
- Registration Fee Early Bird 10% off before Aug. 15th
- Registration Deadline of Sept. 13th, 2024 (\$50 late fee will be applied after this date)

PROSKILLZ PROGRAM (OPTIONAL)

- Skills program designed to develop and master individual skills and techniques to improve attacking creativity with an emphasis on developing technically gifted players.
- 12 x 60 min. sessions per season
- Fridays at Calgary French & International School
- Oct. 25th; Nov. 1st, 8th, 15th, 22nd, 29th; Dec. 6th, 13th; Jan. 10th, 17th, 24th.

TIERS 1 AND 2

Dates:

- Team schedule available early Oct.
- Rangers program runs Oct. 1st – March
- CMSA Season Dates
- Oct. 15th – March 9th
- Winter Break Dec. 23rd to Jan. 3rd

Program:

- Practices: 16 sessions
- Rangers Skill Centre: 5 x 60 min. sessions
- Rangers Academy: 15 x 60 min. sessions
- CMSA Match Days: Any day during the week; 7 vs. 7 format

Registration:

- Registration Fee: \$650 + Mandatory Academy/Skills Fee \$375
- Registration Fee Early Bird 10% off before Aug. 15th
- Registration Deadline of Sept. 13th, 2024 (\$50 late fee will be applied after this date)

TIERS 3 AND 4

Dates:

- Team schedule available early Oct.
- Rangers program runs Oct. 1st – March
- CMSA Season Dates
 - Oct. 19th – March 2nd
- Winter Break Dec. 23rd to Jan. 3rd

Program:

- Practices: 15 sessions
- Rangers Skill Centre: 5 x 60 min. sessions
- CMSA Match Days: Any day during the week; 7 vs. 7 format

Registration:

- Registration Fee: \$650 + Mandatory Academy/Skills Fee \$100
- Registration Fee Early Bird 10% off before Aug. 15th
- Registration Deadline of Sept. 13th, 2024 (\$50 late fee will be applied after this date)

PROSKILLZ PROGRAM (OPTIONAL)

- Skills program designed to develop and master individual skills and techniques to improve attacking creativity with an emphasis on developing technically gifted players.
- 12 x 60 min. sessions per season
- Fridays at Calgary French & International School
- Oct. 25th; Nov. 1st, 8th, 15th, 22nd, 29th; Dec. 6th, 13th; Jan. 10th, 17th, 24th.

SEASON DATES

- Team schedule available early Oct.
- CMSA Season Dates:
 - Tiers 1-4: Oct. 15th – March 9th
 - Challenge Cup - Final 4 – March 8th/9th
 - Provincials: March 14th – 16th
- Rangers program runs Oct. – March
- Winter Break Dec. 23rd to Jan. 3rd

EARLY BIRD REGISTRATION

- Early Bird 10% off base registration before Aug. 15th

[Register Now](#)

TIER 1

Program:

- Practices: 16 sessions
- WinSport Sports Science: 10 x 60 min. sessions
- Rangers Academy: 20 x 60 min. sessions
- CMSA Match Days: Any day during the week; 7 vs. 7 format

Registration:

- Registration Fee: \$675 + Mandatory Academy Fee \$700

TIER 3

Program:

- Practices: 16 sessions
- Rangers Academy: 10 x 60 min. sessions
- Games: CMSA league format; games played any day during the week; 7 vs. 7 format

Registration:

- Registration Fee: \$675 + Mandatory Academy Fee \$270

TIER 2

Program:

- Practices: 16 sessions
- Rangers Academy: 20 x 60 min. sessions
- Games: CMSA league format; games played any day during the week; 7 vs. 7 format

Registration:

- Registration Fee: \$675 + Mandatory Academy Fee \$550

TIER 4

Program:

- Practices: 16 sessions
- Rangers Academy: Optional (additional fee)
- Games: CMSA league format; games played any day during the week; 7 vs. 7 format

Registration:

- Registration Fee: \$675

SEASON DATES

- Team schedule available early Oct.
- CMSA Season Dates:
 - Tiers 1-4: Oct. 15th – March 9th
 - Challenge Cup - Final 4 - March 8th/9th
 - Provincials: March 14th –16th
- Rangers program runs Oct. – March
- Winter Break Dec. 23rd to Jan. 3rd

EARLY BIRD REGISTRATION

- Early Bird 10% off base registration before Aug. 15th

[Register Now](#)

TIER 1

Program:

- Practices: 16 sessions
- WinSport Sports Science: 10 x 60 min. sessions
- Rangers Academy: 20 x 60 min. sessions
- CMSA Match Days: Any day during the week; 7 vs. 7 format

Registration:

- Registration Fee: \$675 + Mandatory Academy Fee \$700

TIER 3

Program:

- Practices: 16 sessions
- Rangers Academy: 10 x 60 min. sessions
- Games: CMSA league format; games played any day during the week; 7 vs. 7 format

Registration:

- Registration Fee: \$675 + Mandatory Academy Fee \$270

TIER 2

Program:

- Practices: 16 sessions
- Rangers Academy: 20 x 60 min. sessions
- Games: CMSA league format; games played any day during the week; 7 vs. 7 format

Registration:

- Registration Fee: \$675 + Mandatory Academy Fee \$550

TIER 4

Program:

- Practices: 16 sessions
- Rangers Academy: Optional (additional fee)
- Games: CMSA league format; games played any day during the week; 7 vs. 7 format

Registration:

- Registration Fee: \$675

SEASON DATES

- Team schedule available early Oct.
- CMSA Season Dates:
 - Tiers 1-4: Oct. 15th – March 9th
 - Challenge Cup - Final 4 – March 8th/9th
 - Provincials: March 14th – 16th
- Rangers Program runs Oct. – March
- Winter Break Dec. 23rd to Jan. 3rd

EARLY BIRD REGISTRATION

- Early Bird 10% off base registration before Aug. 15th

[Register Now](#)

TIER 1

Program:

- Practices: 16 sessions
- WinSport Sports Science: 10 x 60 min. sessions
- Rangers Academy: 20 x 60 min. sessions
- CMSA Match Days: Any day during the week; 7 vs. 7 format

Registration:

- Registration Fee: \$675 + Mandatory Academy Fee \$700

TIER 2

Program:

- Practices: 16 sessions
- Rangers Academy: 20 x 60 min. sessions
- Games: CMSA league format; games played any day during the week; 7 vs. 7 format

Registration:

- Registration Fee: \$675 + Mandatory Academy Fee \$550

TIER 3

Program:

- Practices: 16 sessions
- Rangers Academy: 10 x 60 min. sessions
- Games: CMSA league format; games played any day during the week; 7 vs. 7 format

Registration:

- Registration Fee: \$675 + Mandatory Academy Fee \$270

TIER 4

Program:

- Practices: 16 sessions
- Rangers Academy: Optional (additional fee)
- Games: CMSA league format; games played any day during the week; 7 vs. 7 format

Registration:

- Registration Fee: \$675

SEASON DATES

- Team schedule available early Oct.
- CMSA Season Dates:
 - Tiers 1-4: Oct. 15th – March 9th
 - Challenge Cup - Final 4 – March 8th/9th
 - Provincials: March 14 – 16
- Rangers Program runs Oct. – March
- Winter Break Dec. 23rd to Jan. 3rd

EARLY BIRD REGISTRATION

- Early Bird 10% off base registration before Aug. 15th

[Register Now](#)

TIERS 2-4

Program:

- Practices: 16 sessions
- Academy: 10 Sessions
- Games: CMSA league format; games played any day during the week; 7 vs. 7 format

Registration:

- Registration Fee: \$650
- Academy Fee: \$250

ADULTS PROGRAM

Interested in our Mens and Women's Program?

- Reach out to your Academy Director for options.

SEASON DATES

- Team schedule available early Oct.
- CUSA/CWSC Season Dates: Nov. – March
- Rangers Program runs Oct. – March

[Register Now](#)

CUSA

U23

Program:

- Practices: 16 sessions
- Academy: 16 sessions
- Games: CUSA league format; games played any day during the week; 7 vs. 7 format

Registration:

- Registration Fee: \$650
- Academy Fee \$350

PREM/DIV 2/3

Program:

- Games: CUSA league format; games played any day during the week; 7 vs. 7 format

Registration:

- Registration Fee: \$400
- Practice Fee \$300 (optional)

CWSA

U23

Program:

- Practices: 16 sessions
- Academy: 16 sessions
- Games: CWSA league format; games played any day during the week; 7 vs. 7 format

Registration:

- Registration Fee: \$650
- Academy Fee \$350

PREM/DIV 2/3

Program:

- Games: CWSA league format; games played any day during the week; 7 vs. 7 format

Registration:

- Registration Fee: \$400
- Practice Fee \$300 (optional)

EVALUATIONS

Rangers have an extensive evaluation process; all players will be evaluated for the Indoor 2024/25 Season based on a combination of the following:

- Outdoor 24 season evaluations completed by the technical team
- Outdoor 24 season evaluations completed by coaches and technical team
- Historical data from previous seasons
- Historical data on where players have played before
- Pre–Season age group training sessions Oct. 1st – 10th 2024

We strive to build the best possible teams based on long-term development rather than short-term success.

Calgary Rangers understands the stress caused by traditional mass evaluation sessions and also understands that a one-off evaluation session is not necessarily the most productive way to assess players. We assess players in the comfort of their own groups within our pre-season program which will also prepare our players for the Indoor Season.

Pre-Season age group training and practices will take place during October 1st – 10th. All new players will be assessed in groups and evaluated during this period in pre-season rosters.

GEAR REQUIREMENTS

Players in U9 to U20 will be required to have a Rangers practice shirt, game shorts, game socks, shin pads, and outdoor soccer cleats. Game jerseys are provided for each player. At the time of registration, you will be required to pre-authorize a \$100 jersey bond. This bond will only charge if the jersey is not returned at the end of the season.

- U9 to U12 players are required to have a size 4 soccer ball
- U13 to U20 players are required to have a size 5 soccer ball

Club wear is available for purchase year-round from [Kicks Sports North & South Locations](#) (4625 Varsity Dr. NW & 9737 Macleod Trail SW).

VOLUNTEER/TEAM MANAGEMENT FEE

We require our families to volunteer each season. Volunteers are extremely important to the operation of the club and allow us to provide a quality soccer program. We are proud to have an exceptional group of parents committed to helping our club provide their children the best soccer experience available.

At the time of registration, you will be required to pre-authorize a \$150 Volunteer/Team Management Bond. This bond will be charged unless you volunteer for a club shift or as a rostered Team Official during the season.

Teams that do not have sufficient parent volunteers to coach or manage the team will have their volunteer fee cashed regardless of whether parents of the team have signed up for club shifts.

FACILITY FEE

A \$35 facility fee will be added to all registrations. Our long-term plan is to grow and develop better facilities for our players. This fee will only be used for facility development purposes.

Calgary Rangers have secured space at the Calgary West Soccer Centre and now Webber Athletic Park so that our players are able to train on turf to enhance their training experience consistently. Our vision is to have our own field and facility where our players have the option and experience of playing on turf in an indoor facility year-round. We thank all our members for helping us get closer to this dream.

HOME FIELD

WEBBER ACADEMY ATHLETIC PARK



OUTDOOR SOCCER PITCH

NOW OPEN!



DEVELOPMENTAL PLUS+ & DEVELOPMENTAL PROGRAMMING U9-U11

Both streams offer a quality experience for players and their families. Neither stream is based on ability, but on the needs, interests, and motivations of the child.

The determining factors in evaluating whether to place your child in the Developmental Plus+ or Developmental streams are the length of the season, number of contacts per week, and proximity of their matches. Developmental Plus+ will play in a city-wide division and have a longer season. Developmental will have regionalized play within a shorter season.

In this player-first model, clubs are encouraged to evaluate players based on their levels of interest and commitment in soccer and soccer maturity as a key factor in forming teams. Calgary Rangers advocates for equal playing time for all players and trying all positions on the pitch. No scores or standings are kept in the Developmental Plus+ or Developmental stream.

Developmental Plus+ Stream

This stream is appropriate for players and families interested in:



Soccer as their primary activity

For players who LOVE soccer, are very interested & likely to participate year-round



Longer Season, City-Wide

For players looking for a longer season and are comfortable with city-wide play



More activity each week

For players looking for increased play/training opportunities within their club environment

Developmental Stream

This stream is appropriate for players and families interested in:



A variety of sports or activities

For players who may be multi-sport, have a variety of different interests/commitments, looking for 'part-time soccer'



Shorter Season, Quadrant-based

For players looking for a shorter season and want games closer to home



Less activity each week

For players looking for less soccer activity to make time for other interests/family time

U9-U11 DEVELOPMENTAL PLUS+ & U12 TIER 1/2 ACADEMY SESSIONS

The Development Academy will develop the players' fundamental skills & techniques which will help them execute the weekly themes, key phrases and principles of play. Each station allows coaches to focus on a particular game scenario (1v1, 2v1, 2v2s etc) and gets the players to explore solutions. Skills will be explored and broken down by the coach to teach players to master the ball whilst challenging players to use their bodies in different ways and explore different movements.

Each session will begin with a 10-minute ball mastery/technical warm up. After this, players will rotate between the two stations which will be 25 minutes each.

Development Plus+ academy players will receive age group academy sessions with a focus to improve each individual's technical ability and in-game decision making.

For tiers that have mandatory additional academy fees, the payment deadline for academy fees is November 15th, 2024.

RANGERS SKILLS CENTRE U9-U12

Conditioned Games, Small Sided Games, Game Related Practices

The Skills Centre will challenge players to overcome different constraints in the various small-sided games and game related practices (pitch dimensions, scoring methods, opposition size etc).

Although each station will have a different constraint/condition, they will all relate to the weekly theme. Guided discovery and problem-solving methods will be used to allow players to think critically and make their own decisions in games.

Benefits include:

- Ball contact time will be high
- Training will look like the game
- Training will be fun for everyone



CMSA U12-U19 LEAGUE

CMSA’s league offering for U12-U19 includes quality programming for youth at all ages, stages of development, interests and commitment levels. CMSA welcomes experienced and novice players into any of our clubs to continue or begin their soccer journey. CMSA U12-U19 leagues operate in alignment with Long-Term Player Development (LTPD) standards and would be a part of Stage 7 - Active for Life or Competitive for Life.

A balance of skill level and commitment should be considered when tiering players. CMSA recommends the following considerations to ensure that players and families are placed accordingly (see chart on following page).

Tier I and Tier II Considerations



More developed players

For players who are more developed and experienced in the game of soccer



Year-round soccer participation

For players who are more likely to play year-round and/or have soccer as their primary activity



Increased weekly commitment*

For families committed to 3 or more soccer activities each week (training and a match)

Tier III and Tier IV Considerations



More entry-level players

For recreational players and/or players who are entering the sport for the first time



Seasonal or multi-sport athletes

For multi-sport athletes interested in seasonal participation or a variety of activities



Decreased weekly commitment*

For families committed to less than 3 soccer activities each week (training and a match)

ACADEMY U13-U20

Technical/Tactical – Physical – Social/Emotional – Psychological

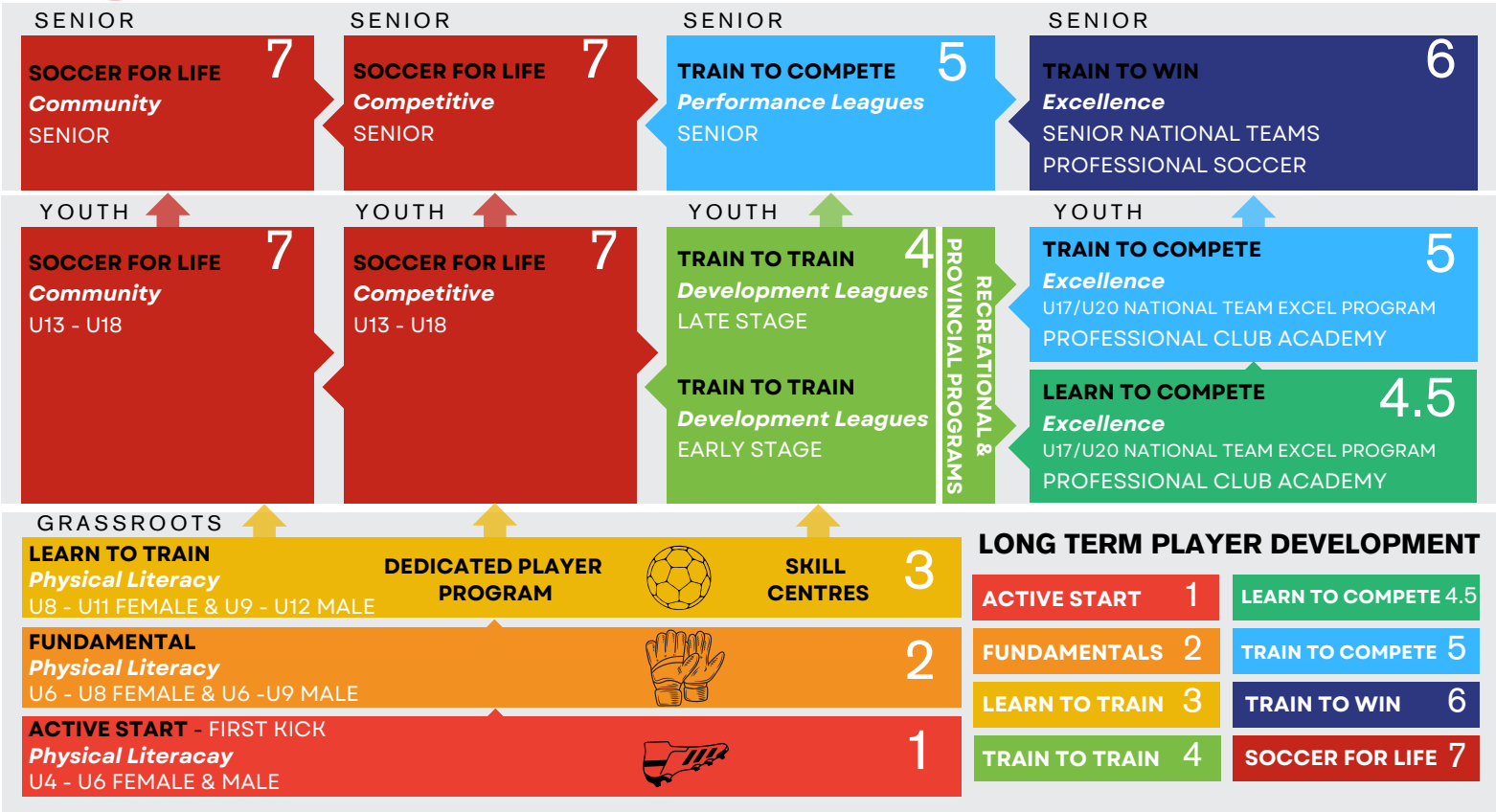
Calgary Rangers academy sessions are delivered by trained, certified, and knowledgeable technical staff to individual teams following an age specific curriculum and game model.

By taking a structured, long-term approach to player development—based around the principles of Long-Term Player Development (LTPD)—our young players will develop skills required to succeed at whatever level of the game they aspire to reach.

These sessions will challenge the players both individually and as a team in the four corners of the game following the Calgary Rangers Game Model.



CANADA SOCCER PLAYER PATHWAY



RANGERS GOALKEEPING ACADEMY

Being a goalkeeper is a unique position and Rangers Goalkeeper Academy provides goalkeepers with the position-specific training they need. It provides keepers with the latest up-to-date training methods and also teaches the core foundation of goalkeeping techniques. Our program allows goalkeepers of all ages and abilities to receive high quality, professional training in a fun, intense, and enthusiastic environment.

Jordan Santiago and Summit Goalkeeping operate our Keeper Academy program. Summit Goalkeeping is a comprehensive training academy that aims to improve goalkeepers in every component of their game. Our goal is to train and develop Calgary Rangers' goalkeepers and equip them with leadership skills and resiliency to become lifelong goalkeepers.

NATIONAL YOUTH CLUB LICENSE

Calgary Rangers Soccer Club was one of only seven clubs in Alberta, and one of the first 39 clubs nationally, to be awarded the National Youth Club Licence by Canada Soccer in August of 2019.



Alberta Player Development League (APDL) started outdoor 2021 and it is now fully functional with the league running from U14 to U17. Calgary Rangers Soccer Club are one of three clubs to participate in every category both male and female. The league is limited to clubs that have achieved the National Youth Club Licence.

The rollout for the APDL 2011 groups will begin this August. Future age group rollouts include 2012 teams will take place in August 2025.

The Canada Soccer National Youth Club Licence recognizes the highest achieving organizations from across Canada and rewards them with the Canada Soccer Approved Youth Soccer Club endorsement. Organizations achieving this licence display characteristics and demonstrate behaviours aligned with the highest expectations of governance, administration, infrastructure, and technical. They support their PTSO club license and Canada Soccer Pathways and participate in the highest level of competition in Canada: the Canada Soccer Player Development Program.

PLAYER DEVELOPMENT PROGRAM - APDL PLAYERS

Alberta Soccer has fully launched its standards-based Alberta Player Development League (APDL) designed for performance-level players. All league standards are approved by Canada Soccer and include full-year periodized technical training plans, minimum coaching licences, video analysis, and organizational excellence.

The goal of the program is to create the best training and competition environments for each individual player. Canada Soccer's Regional Excel Director and U15 National Team Head Coach, Eric Tenllado, will scout the league through regularly scheduled visits.

We strive to provide our players with the best possible program. Our periodized training program will include an approved technical plan, licenced coaches, strength and conditioning, mental performance, nutrition, and video analysis.



[For more details on our APDL program click here](#)

WINSPORT™ PERFORMANCE TRAINING

We are excited to enter our first full season with WinSport. WinSport strives to deliver practical, evidence-based training to enhance youth athlete performance.

WinSport's Performance Training Centre (PTC) houses premier training facilities and multi-sport centres. Their Athlete Development programs are designed for athletes aged 11-17 who are seeking a competitive edge. The Strength & Conditioning team at the PTC will educate all athletes in areas of efficient movement patterns, work capacity, strength, explosive speed, power, and agility to achieve sustainable peak performances.

U13–U17 APDL and Tier 1 players will have WinSport training included in their training packages. Optional packages are available for all teams with a fee.



[HOME](#)

REGISTRATION

To register for a program, please create an account profile using our [Rangers Member Zone website](#).

You only need one account per family. This account is used to sign up for programs and camps that Rangers offers. If you already have an account and have registered previously, you do not need to create a new account.

Players must be registered to participate in any pre-season age group training sessions or games.

All new players to the club are required to submit Proof of Age in the form of a birth certificate, Alberta Health Care card or Passport to: **proofofage@calgaryrangers.com**.

Registration for Indoor 2024/25 will close on Sept 13th, 2024.

PAYMENT

At time of registration, you will be expected to pay the base registration fees. Following pre-season and player placement, additional fees for Academy, Skills Centres and Sports Science programs will be required to be paid by November 15th, after this date an additional \$50 late fee will be charged. If you require additional information, please contact the club at **dronsky@calgaryrangers.com**.

Players born in 2011, 2010, 2009, and 2008 who are selected to participate in the National Youth Club Licence PDP League will be subject to additional fees mandated from Calgary Minor Soccer Association and Alberta Soccer Association.

Any Tier 3 teams that are moved to Tier 4 based on CMSA pre-season results will still be required to participate in the Academy program. Any Tier 4 team that wishes to participate in a Tier 3 Academy program will be subject to pay the associated fees.

Any players playing in the Development CMSA Festival League but on the Development Plus+ Academy programming will be subject to pay the fee associated with that program.