

Program Guide

OUTDOOR 2024
APRIL TO JUNE



"WE STRIVE TO GET THE BEST OUT OF EVERY RANGER"



**CALGARY MINOR
SOCCER ASSOCIATION
U7 TO U8 BOYS & GIRLS
PROGRAM OVERVIEW**

**YOUNG RANGERS
GRASSROOTS PROGRAM
U4 TO U8
MINI RANGERS U2/U3**



**DEVELOPMENT TRAIN TO
PLAY PROGRAM VS.
DEVELOPMENT PLUS CMSA
FESTIVAL PROGRAM**



- **VOLUNTEERING**
- **COACHING INITIATIVE**
- **KEY DATES**
- **REGISTRATION & PAYMENT**



Program & Registration

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GRASSROOTS PROGRAM

Joining the Young Rangers program is perfect for any aspiring athlete who would like to play or try the sport of soccer. With the priority around having fun and learning new skills, the atmosphere is a great place to develop social skills, learn life skills, and meet new friends. Our grassroots program is volunteer ran program, overseen by our grassroots manager, technical staff, and junior coaches.

CALGARY RANGERS SOCCER CLUB

We are dedicated to providing a safe environment and creating a positive learning atmosphere for players of all ages and abilities. As a club, it is our responsibility to allow players, regardless of ability level, to push themselves to their desired level.

Recognized as one of the highest achieving organizations across Canada, we hold a **Canada Soccer National Youth Club License**. Awarded in August 2019, we are one of seven clubs in Alberta and one of the first 39 clubs nationally to receive this endorsement.



**OUTDOOR
REGISTRATION
DEADLINE
APRIL 8, 2023**

DETAILS

- Nine week program from April 20th to June 23rd
- U4 to U6 - One session per week
- U7 to U8 - Two Program Streams
 - Young Rangers
 - Young Rangers Plus+
- Optional Thursday academy sessions available for all U5 to U8 players (extra fee)

KEY DATES

- Spring Grassroots Wrap up Party June 22nd & 23rd (last weekend)
- No sessions May 17th to 20th

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APRIL TO JUNE



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OUTDOOR PROGRAM OVERVIEW:

Click the Below Links for More Information



MINI RANGERS

U2/3

[Register Now](#)

To register: You will need a PowerUp account. Please create or login to your account and continue with registration as the screen instructs.

2021 TO MAY 1ST, 2022 BORN PLAYERS

When: Saturday 10:30 AM - 11:00 AM
Dates: May 25th; June 1st, 8th, 15th
Where: Coach Hill - 6852 Coach Hill Rd SW
Who: Parent and toddler class (boys & girls)
Fee: \$40

YOUNG RANGERS

U4

[Register Now](#)

To register: You will need a PowerUp account. Please create or login to your account and continue with registration as the screen instructs.

2021 TO APRIL 30TH, 2020 BORN PLAYERS

When: Saturday 9:00 AM - 9:45 AM
Dates: April 20th, 27th; May 4th, 11th, 25th; June 1st, 8th, 15th, 22nd
Where: Coach Hill - 6852 Coach Hill Rd SW
Who: Boys & girls are on the same team
Fee: \$110
Gear: Players will receive a Young Rangers Jersey

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To register: You will need a PowerUp account. Please create or login to your account and continue with registration as the screen instructs.

BORN 2019

U5

[Register Now](#)

To register: You will need a PowerUp account. Please create or login to your account and continue with registration as the screen instructs.

2019 BORN PLAYERS

When: Saturdays

U5 Girls 10:00 - 11:00 AM;

U5 Boys 11:15 - 12:15 PM

Dates: April 20th, 27th; May 4th, 11th, 25th;
June 1st, 8th, 15th, 22nd

Where: Coach Hill - 6852 Coach Hill Rd SW

Who: Players born in 2019; boys and girls separate

Fee: \$120

Gear: Players will receive a Young Rangers Jersey

Rangers Academy (optional): U5 players can sign up for an additional session per week. Academy sessions are run by Calgary Rangers Technical Staff.

When: Tuesdays

U5 Girls 5:30 - 6:30 PM;

U5 Boys 5:30 - 6:30 PM

Dates: April 23rd, 30th; May 7th, 14th, 21st, 28th.
June 4th, 11th, 18th,

Where: Coach Hill - 6852 Coach Hill Rd SW

Fee: \$120

YR ACADEMY (OPTIONAL)

Rangers Academy (optional): U5 players can sign up for an additional session per week. Academy sessions are run by Calgary Rangers Technical Staff.

- 9 x 60 min sessions per season
- Tuesdays 5:30 - 6:30 PM at Coach Hill - 6852 Coach Hill Rd SW
- April 23rd, 30th; May 7th, 14th, 21st, 28th; June 4th, 11th, 18th

\$150

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BORN 2018

U6

[Register Now](#)

To register: You will need a PowerUp account. Please create or login to your account and continue with registration as the screen instructs.

2018 BORN PLAYERS

When: Saturdays

U6 Girls 10-11 am; U6 Boys 12:30 - 1:30 PM

Dates: April 20th, 27th; May 4th, 11th, 25th;
June 1st, 8th, 15th, 22nd

Where:

Who: Coach Hill - 6852 Coach Hill Rd SW

Fee: Players born in 2018; boys and girls separate

Gear: \$120

Players will receive a Young Rangers Jersey

Rangers Academy (optional): U6 players can sign up for an additional session per week. Academy sessions are run by Calgary Rangers Technical Staff.

When: Tuesdays

U6 Girls 5:30 - 6:30 PM;

U6 Boys 5:30 - 6:30 PM

Dates: April 23rd, 30th; May 7th, 14th, 21st, 28th.
June 4th, 11th, 18th,

Where: Coach Hill - 6852 Coach Hill Rd SW

Fee: \$120

YR ACADEMY (OPTIONAL)

Rangers Academy (optional): U5 players can sign up for an additional session per week. Academy sessions are run by Calgary Rangers Technical Staff.

- 9 x 60 min sessions per season
- Tuesdays 5:30 - 6:30 PM at Coach Hill - 6852 Coach Hill Rd SW
- April 23rd, 30th; May 7th, 14th, 21st, 28th; June 4th, 11th, 18th

\$150

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U7

BORN 2017

CMSA FESTIVAL PROGRAM DEVELOPMENT PLUS +

Games: Saturdays
Flames Community Fields

Practice: U7 Boys - Wednesdays 5:30 - 6:30 PM
U7 Girls - Thursdays 5:30 - 6:30 PM

Where: Coach Hill - 6852 Coach Hill Rd SW

Who: Players born in 2017; boys and girls separate

Fee: \$250

Gear: Players will receive a Young Rangers Jersey

TRAIN & PLAY PROGRAM DEVELOPMENT

When: Sundays
U7 Boys - 10:15 AM - 11:15 AM
U7 Girls - 11:30 AM - 12:30 PM

Dates: April. 21st, 28th; May 5th, 12th, 19th, 26th; June 2nd, 9th, 16th, 23rd.

Where: Coach Hill - 6852 Coach Hill Rd SW

Who: Players born in 2017; boys and girls separate

Fee: \$150

Gear: Players will receive a Young Rangers Jersey

YR ACADEMY (OPTIONAL)

Rangers Academy (optional): U7 players can sign up for an additional session per week. Academy sessions are run by Calgary Rangers Technical Staff.

- 9 x 60 min sessions per season
- Tuesdays 6:30 - 7:30 PM at Coach Hill - 6852 Coach Hill Rd SW
- April 23rd, 30th; May 7th, 14th, 21st, 28th; June 4th, 11th, 18th

\$150

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U8

BORN 2016

CMSA FESTIVAL PROGRAM DEVELOPMENT PLUS +

Games: Saturdays
Flames Community Fields

Practice: U8 Boys - Wednesdays 6:30 - 7:30 PM
U8 Girls - Thursdays 6:30 - 7:30m PM

Where: Coach Hill - 6852 Coach Hill Rd SW

Who: Players born in 2016; boys and girls separate

Fee: \$250

Gear: Players will receive a Young Rangers Jersey

TRAIN & PLAY PROGRAM DEVELOPMENT

When: Sundays
U8 Boys - 9:00 AM - 10:00 AM
U8 Girls - 11:30 AM - 12:30 PM

Dates: April. 21st, 28th; May 5th, 12th, 19th, 26th; June. 2nd, 9th, 16th, 23rd.

Where: Coach Hill - 6852 Coach Hill Rd SW

Who: Players born in 2016;

Fee: \$150

Gear: Players will receive a Young Rangers Jersey

YR ACADEMY (OPTIONAL)

Rangers Academy (optional): U8 players can sign up for an additional session per week. Academy sessions are run by Calgary Rangers Technical Staff.

- 9 x 60 min sessions per season
- Tuesday 6:30 - 7:30 PM at Coach Hill - 6852 Coach Hill Rd SW
- April 23rd, 30th; May 7th, 14th, 21st, 28th; June 4th, 11th, 18th

\$150

[HOME](#)

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To register: You will need a PowerUp account. Please create or login to your account and continue with registration as the screen instructs.

TRAINING/GAME FORMATS

Development (Train & Play)

One session per week

- **U4 to U6**
 - players will train for the first part of the sessions and play games against other groups in the same age group at the end of the session.
- **U7/U8**
 - Train & Play players will train for the first part of the sessions and play games against other groups in the same age group at the end of the session.

Development Plus+ (CMSA Festival)

Two sessions per week

- U7 to U8 CMSA festival players
- One x practice – midweek practice with team coach.
- One x CMSA Match Day - Saturday match day with team coach and technical staff.
- All practices and games will be managed by volunteer coaches and technical staff.
- All teams will follow the Rangers curriculum and session plans.

Young Rangers Academy (Optional)

- **U5 to U8** players may register for an additional academy skills session by adding the option to their Powerup registration basket.

WAITING LIST

- If registration is full, players will be placed on a waiting list. If there are enough age-appropriate players, an additional group may be created depending on capacity.

INCLEMENT WEATHER

- If a session is cancelled, rescheduling will take place on the weekends of July 6th/7th & 12th/13th.
- We will deliver a minimum of seven sessions in the Young Rangers program. We have a two-week buffer for inclement weather and will reschedule up to the minimum amount of programming.

GROUPINGS

- Groups will be no more than 10 players per team.
- Players will be grouped based on age/gender
- Friend requests are allowed. We do our best to accommodate one friend request per player. Multiple friend requests will not be guaranteed. All requests must be entered on the player form at registration.

DEVELOPMENT (TRAIN & PLAY) & DEVELOPMENT PLUS+ (CMSA FESTIVAL)

Both streams offer a quality experience for players and their families. Neither stream is based on ability, but on the needs, interests, and motivations of the child.

The determining factors in evaluating whether to place your child in the Developmental Plus+ or Developmental streams are the length of the season, the number of contacts per week, and the proximity of their matches.

Development Plus+ will play in CMSA festival games at the Flames Community Fields and practice once a week at Coach Hill Fields.

Development players will play once a week on a set schedule at Coach Hill.

Both streams can sign up for the Rangers academy sessions on Friday evening.



 Calgary French & International School



VOLUNTEERING

- To ensure our Young Rangers program runs efficiently we rely on volunteer support to help coach.
- **Each team will require two parent volunteer coaches** to help run practices and manage games for the season.
- Coaches are provided everything they need to be successful including: session plans, equipment, and an item of Rangers gear to wear during their sessions.

*NEW VOLUNTEER COACH INITIATIVE

- Registration fees for a volunteer coach's child will be **reimbursed in the form of a credit** at the end of the season; if the coach attends the start-of-season coaches clinic, all applicable certifications, is available for at least 80% of the season sessions & games and completes all coaching requirements.
- If you are interested in coaching, please indicate during the registration process and complete the **Team Official form in your PowerUp registration account.**

YOUNG RANGERS ACADEMY

- Academy sessions are ran by the rangers technical staff and is designed to develop footwork skills, and a better understanding of the game for the individual.
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CMSA MATCH DAYS

- Calgary Minor Soccer Association (CMSA) Grassroots League U7 to U9 is modelled after national best practices and [Canada Soccer Grassroots Standards](#). The league strives to provide children with a developmentally appropriate playing environment that allows expression, creativity, and development to flourish.
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GEAR REQUIREMENTS

- Each player will be required to have their own shinpads, size three ball, and appropriate footwear (outdoor soccer cleats or regular runners).
 - Jerseys will be provided to each player for the season, which they will be able to keep.
 - Required soccer equipment as well as additional club gear is available for purchase at [Kicks Sports North & South Locations](#) (4625 Varsity Dr. NW & 9737 Macleod Trail SW).
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PROGRAMMING STANDARDS

Calgary Rangers have successfully undertaken training and implemented Canada Soccer Grassroots Standards in accordance with the Long-Term Player Development Plan and Preferred Training Model as supported by Alberta Soccer Association.

