

CALGARY YOUNG RANGERS SOCCER PROGRAM GUIDE

CLUB OVERVIEW • 2026/27 INDOOR SEASON • OCTOBER TO FEBRUARY

Throughout this Program Guide you'll find key information on the upcoming Young Rangers Grassroots 2026-27 Indoor Season. Our Young Rangers Grassroots Program is a volunteer run program, overseen by our Grassroots Director, technical staff, and junior coaches for players born in 2023 (U3/U4) to 2018 (U9).



CMSA OVERVIEW

Calgary Minor Soccer Association
U7 to U9 Players
CMSA Festival Overview
Key Dates

GRASSROOTS OVERVIEW

Young Rangers Grassroots Program
U4 to U9
Key Dates
FAQ



KEY INFORMATION

Volunteering
Coaching Information
Gear Requirements
Registrations and Payment

U7/U8/U9 PROGRAMS

Two Streams to Choose From
Development (In-House)
Development+ Plus (Play vs. Other Clubs)
What's the Difference?





GRASSROOTS PROGRAM

Joining the Young Rangers program is perfect for any aspiring athlete who would like to play or try the sport of soccer. With the priority around having fun and learning new skills, the atmosphere is a great place to develop social skills, learn life skills, and meet new friends. Our grassroots program is a volunteer run program, overseen by our Grassroots Director, technical staff, and junior coaches.

CALGARY YOUNG RANGERS

We are dedicated to providing a safe environment and creating a positive learning atmosphere for players of all ages and abilities. As a club, it is our responsibility to allow players, regardless of ability level, to push themselves to their desired level.

Recognized as one of the highest achieving organizations across Canada, we hold a Canada Soccer National Youth Club License. Awarded in August 2019, we are one of nine clubs in Alberta and one of the first 39 clubs nationally to receive this endorsement.

PROGRAM DETAILS

- Sixteen week program from October 19th to February 21st
- U4 to U6 - One session per week
- U7 to U9 - Two Program Streams:
 - In-House
 - Play vs. Other Clubs
- Optional Friday Rangers Academy Sessions available for all U5 to U9 players (extra fee)

REGISTRATION DEADLINE

- October 5th 2026
- Early Bird Special 10% off until August 15th 2026
- Refer a friend and both save 15%

KEY DATES

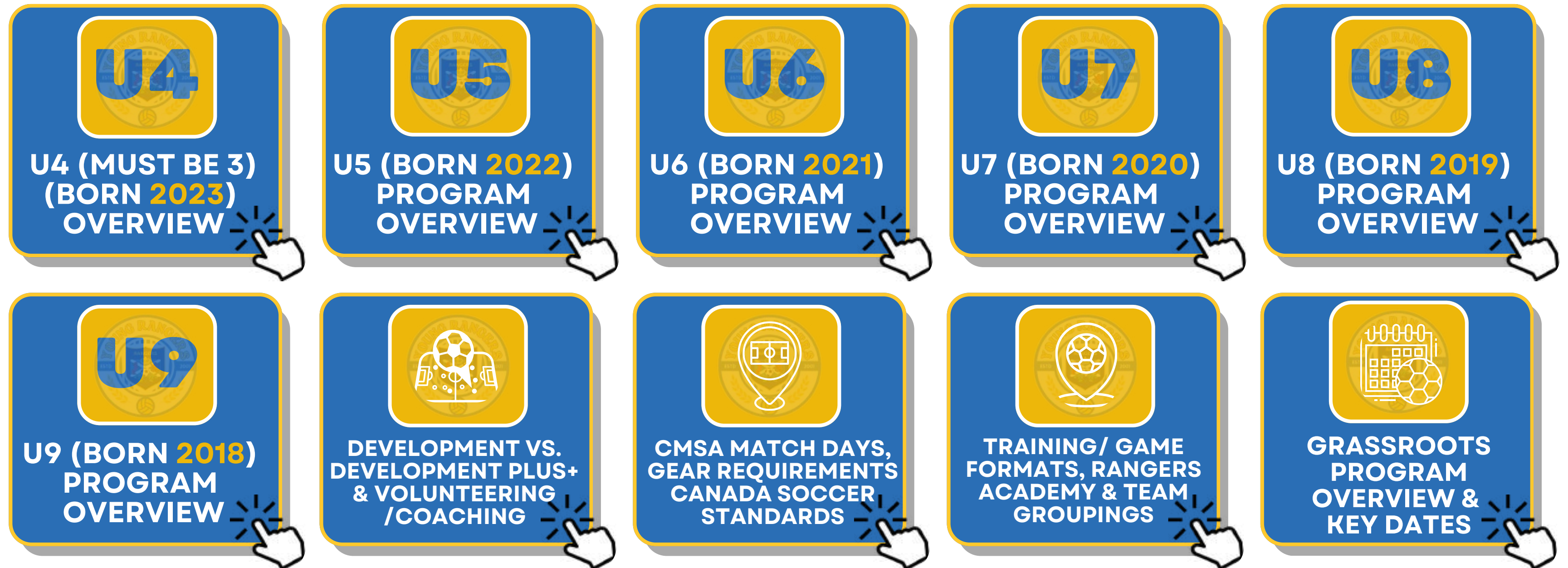
- Spring Grassroots Wrap Up:
 - Feb 20th & 21st (last weekend)
- No Sessions:
 - Dec. 21st to Jan. 1st

CALGARY YOUNG RANGERS SOCCER

PROGRAM GUIDE



CLICK THE LINKS BELOW FOR MORE INFORMATION



WWW.CALGARYYOUNGRANGERS.COM



YOUNGRANGERS@CALGARYRANGERS.COM

CALGARY YOUNG RANGERS SOCCER

U3/U4 OVERVIEW



PLAYERS BORN IN 2023

[CLICK TO REGISTER](#)

REGISTRATION

TEAMSNAAP ACCOUNT

To Register: You will need a TeamSnap Account.
Please create or login to your account and
continue with registration as the screen instructs.

PLAYERS MUST BE 3 YEARS OLD

To Register: The Players **MUST** be
three (3) years of age during the season
which starts on October 19th.

U3 Players can join the program once
they turn 3 during the season.

DISCOUNTS

Early Bird 10% off before Aug. 15th
Refer a Friend and both save 15%

[CLICK FOR SEASON SAVINGS](#)

U3/U4 SEASON OVERVIEW

WHEN	Sundays 3:00 PM - 3:45 PM
DATES	Oct. 25 th Nov 1 st , 8 th , 15 th , 22 nd , 29 th Dec. 6 th , 13 th , 20 th Jan. 10 th , 17 th , 24 th , 31 st Feb. 7 th , 14 th , 21 st
WHERE	Calgary French & International School
WHO	Players born in 2023: boys & girls are on the same team
FEE	\$250
GEAR	Players will receive a Young Rangers jersey



CALGARY YOUNG RANGERS SOCCER

U5 OVERVIEW

PLAYERS BORN IN 2022

[CLICK TO REGISTER](#)

REGISTRATION

TEAMSNAPE ACCOUNT

To Register: You will need a TeamSnap Account:
Please create or login to your account and
continue with registration as the screen instructs.

DISCOUNTS

Early Bird 10% off before Aug. 15th
Refer a Friend and both save 15%

[CLICK FOR SEASON SAVINGS](#)

RANGERS ACADEMY (OPTIONAL \$275 FEE)

U5 players can sign up for an additional
session per week when registering.

[CLICK FOR MORE INFO](#)

U5 SEASON OVERVIEW

WHEN	Sundays U5 Girls (2:00 PM - 3:00 PM) U5 Boys (11:00 AM - 12:00 PM)
DATES	Oct. 25 th Nov 1 st , 8 th , 15 th , 22 nd , 29 th Dec. 6 th , 13 th , 20 th Jan. 10 th , 17 th , 24 th , 31 st Feb. 7 th , 14 th , 21 st
WHERE	Calgary French & International School
WHO	Players born in 2022; boys and girls separate
FEE	\$320
GEAR	Players will receive a Young Rangers jersey



CALGARY YOUNG RANGERS SOCCER

U6



OVERVIEW

PLAYERS BORN IN 2021

[CLICK TO REGISTER](#)

REGISTRATION

TEAMSNAPE ACCOUNT

To Register: You will need a TeamSnap Account:
Please create or login to your account and
continue with registration as the screen instructs.

DISCOUNTS

Early Bird 10% off before Aug. 15th
Refer a Friend and both save 15%

[CLICK FOR SEASON SAVINGS](#)

RANGERS ACADEMY (OPTIONAL \$275 FEE)

U6 players can sign up for an additional
session per week when registering.

[CLICK FOR MORE INFO](#)

U6 SEASON OVERVIEW

WHEN	Sundays U6 Girls (2:00 PM - 3:00 PM) U6 Boys (12:00 PM - 1:00 PM)
DATES	Oct. 25 th Nov 1 st , 8 th , 15 th , 22 nd , 29 th Dec. 6 th , 13 th , 20 th Jan. 10 th , 17 th , 24 th , 31 st Feb. 7 th , 14 th , 21 st
WHERE	Calgary French & International School
WHO	Players born in 2021; boys and girls separate
FEE	\$320
GEAR	Players will receive a Young Rangers jersey



CALGARY YOUNG RANGERS SOCCER

U7 OVERVIEW



PLAYERS BORN IN 2020

[CLICK TO REGISTER](#)

IN-HOUSE PROGRAM

- WHEN** Sundays
U7 Boys (10:00 AM - 11:00 AM)
U7 Girls (1:00 PM - 2:00 PM)
- DATES** Oct. 25th | Nov 1st, 8th, 15th, 22nd, 29th |
Dec. 6th, 13th, 20th | Jan. 10th, 17th, 24th,
31st | Feb. 7th, 14th, 21st
- WHERE** Calgary French & International School
- WHO** Players born in 2020;
boys and girls separate
- FEE** \$350
- GEAR** Players will receive a Young Rangers
jersey

PLAY VS. OTHER CLUBS

- GAMES** Saturdays (vs. CMSA Festival teams)
Shane Homes West Soccer Dome
- PRACTICE** U7 Boys (Mondays 7:00 PM - 8:00 PM)
U7 Girls (Mondays 6:00 PM - 7:00 PM)
- DATES** Starts: Oct. 19th. Ends: Feb. 21st
- WHERE** Calgary French & International School
- WHO** Players born in 2020;
boys and girls separate
- FEE** \$450
- GEAR** Players will receive a Young Rangers
jersey



Early Bird 10% off before Aug. 15th
Refer a Friend and both save 15%

[CLICK FOR SEASON SAVINGS](#)

RANGERS ACADEMY

U7 players can sign up for an optional
(\$275) session per week when registering.

[CLICK FOR MORE INFO](#)

*City gyms may be used due to Calgary
French & International School closures
and registration numbers*

U8



OVERVIEW

PLAYERS BORN IN 2019

[CLICK TO REGISTER](#)

IN-HOUSE PROGRAM

WHEN	Sundays U8 Boys <i>(Between 9:00 AM - 11:00 AM)</i> U8 Girls <i>(1:00 PM - 2:00 PM)</i>
DATES	Oct. 25 th Nov 1 st , 8 th , 15 th , 22 nd , 29 th Dec. 6 th , 13 th , 20 th Jan. 10 th , 17 th , 24 th , 31 st Feb. 7 th , 14 th , 21 st
WHERE	Calgary French & International School
WHO	Players born in 2019; boys and girls separate
FEE	\$350
GEAR	Players will receive a Young Rangers jersey

PLAY VS. OTHER CLUBS

GAMES	Saturdays (vs. CMSA Festival teams) Shane Homes West Soccer Dome
PRACTICE	U8 Boys <i>(Tuesdays 7:00 PM - 8:00 PM)</i> U8 Girls <i>(Tuesdays 6:00 PM - 7: 00 PM)</i>
DATES	Starts: Oct. 20 th Ends: Feb. 20 th
WHERE	Calgary French & International School
WHO	Players born in 2019; boys and girls separate
FEE	\$450
GEAR	Players will receive a Young Rangers jersey



Early Bird 10% off before Aug. 15th
Refer a Friend and both save 15%

[CLICK FOR SEASON SAVINGS](#)

RANGERS ACADEMY

U8 players can sign up for an optional
(\$275) session per week when registering.

[CLICK FOR MORE INFO](#)

*City gyms may be used due to Calgary
French & International School closures
and registration numbers*

CALGARY YOUNG RANGERS SOCCER

U9



OVERVIEW

PLAYERS BORN IN 2018

[CLICK TO REGISTER](#)

IN-HOUSE PROGRAM

- WHEN** Sundays
U9 Boys (9:00 AM - 10:00 AM)
U9 Girls (1:00 PM - 2:00 PM)
- DATES** Oct. 25th | Nov 1st, 8th, 15th, 22nd, 29th |
Dec. 6th, 13th, 20th | Jan. 10th, 17th, 24th,
31st | Feb. 7th, 14th, 21st
- WHERE** Calgary French & International School
- WHO** Players born in 2018;
boys and girls separate
- FEE** \$350
- GEAR** Players will receive a Young Rangers
jersey

PLAY VS. OTHER CLUBS

- GAMES** Saturdays (vs. CMSA Festival teams)
Shane Homes West Soccer Dome
- PRACTICE** U9 Boys (Wednesdays 7:00 - 8:00 PM)
U9 Girls (Wednesdays 6:00 - 7:00 PM)
- DATES** Starts: Oct. 21st | Ends: Feb. 20th
- WHERE** Calgary French & International School
- WHO** Players born in 2018;
boys and girls separate
- FEE** \$475
- GEAR** Players will receive a Young Rangers
jersey



Early Bird 10% off before Aug. 15th
Refer a Friend and both save 15%

[CLICK FOR SEASON SAVINGS](#)

RANGERS ACADEMY

U9 players can sign up for an optional
(\$275) session per week when registering.

[CLICK FOR MORE INFO](#)

*City gyms may be used due to Calgary
French & International School closures
and registration numbers*

DEVELOPMENT (IN-HOUSE PROGRAM) OR DEVELOPMENT PLUS+ (CMSA FESTIVAL)

Both streams offer a quality experience for players and their families. Neither stream is based on ability, but on the needs, interests, and motivations of the child.

Key differences between Development and Development Plus+ are weekly session frequency, and match locations:

DEVELOPMENT PLUS+ (PLAY VS. OTHER CLUBS)

- *2 times per week*
 - One midweek practice at Calgary French & International School
 - Saturday CMSA Festival games at Shane Holmes West Soccer Dome.

DEVELOPMENT (IN-HOUSE PROGRAM)

- *1 time per week*
 - One weekly session with games on a fixed schedule at Calgary French & International School.

Players in both streams are welcome to register for the optional Rangers Academy sessions held Friday evenings.

VOLUNTEERING

- To ensure our Young Rangers program runs efficiently we rely on volunteer support to coach each team.
- *Each team will require two parent volunteer coaches to run practices and manage games for the season.*
- Coaches are provided everything they need to be successful including: session plans, equipment, and an item of Rangers gear to wear during their sessions.

*YOUNG RANGERS VOLUNTEERING COACH INITIATIVE

- Registration fees *up to \$150* for a volunteer coach's child will be *reimbursed in the form of a credit* at the end of the season; if the coach attends the start-of-season coaches clinic, has all applicable certifications, is available for at least 80% of the season sessions & games and completes all coaching requirements.
- If you are interested in coaching, please indicate during the registration process by clicking the checkbox *in your TeamSnap registration.*

YOUNG RANGERS ACADEMY (OPTIONAL \$275)

- **U5 to U9:** Players can register for an additional academy session by **selecting the YR Academy option in TeamSnap.**
- Friday's at Calgary French & International School run by Academy Staff
- 16 x 60 minute sessions
- **U5-U6 + GU7/GU8/GU9:** (6:00 - 7:00 PM)
- **BU7/BU8/BU9:** (7:00 PM - 8:00 PM)
- Oct. 23rd, 30th | Nov. 6th, 13th, 20th, 27th | Dec. 4th, 11th, 18th | Jan. 8th, 15th, 22nd, 29th | Feb. 5th, 12th, 19th.

[CLICK TO REGISTER U5](#)

[CLICK TO REGISTER U6](#)

[CLICK TO REGISTER U7](#)

[CLICK TO REGISTER U8](#)

[CLICK TO REGISTER U9](#)

TRAINING & GAME FORMATS DEVELOPMENT (IN-HOUSE PROGRAM)

One session per week - Sundays

- **U4 to U6:**
 - Sessions include technical training followed by small-sided games. Primary Focus: on developing fundamental movement skills and love of sport.
- **U7 to U9:**
 - Similar format: training followed by intra-group games. Primary focus: integrating fundamental movement and soccer skills.

DEVELOPMENT PLUS+ (PLAY VS. OTHER CLUBS)

Two sessions per week

- **U7 to U9:**
 - Midweek Practice: Led by team coaches.
 - Saturday CMSA Festival Match Day: Supervised by team coaches and technical staff.

BOTH PROGRAMS: Sessions and games are supported by volunteer coaches and technical staff, following the Rangers curriculum and session plans.

WAITING LIST

- If registration is full, players will be placed on a waiting list. If there are enough age-appropriate players, an additional group may be created depending on capacity.

GROUPINGS

- U9 will be no more than 10 players per team.
- U4-U8 will be no more than 8 players per team
- Players will be grouped based on age/gender
- One friend request per player will be considered as long as we align with CMSA's policy of balanced rosters
- All requests must be entered on the player form at registration.

SCHOOL CLOSURES

- If a session is cancelled, rescheduling will take place on a later date
- We will deliver a minimum of 14 sessions in the Young Rangers program.

GEAR REQUIREMENTS

Each player will be required to have their own shin pads, size 3 ball (U4-U8), and appropriate footwear (indoor soccer shoes or regular runners). U9 Players will need a size 4 ball.

Jerseys will be provided to each player for the season, which they will be able to keep.

Required soccer equipment as well as additional club gear is available for purchase at Kicks Sports North & South Locations (4625 Varsity Dr. NW & 9737 Macleod Trail SW).

PROGRAMMING STANDARDS

Calgary Rangers have successfully undertaken training and implemented Canada Soccer Grassroots Standards in accordance with the Long-Term Player Development Plan and Preferred Training Model as supported by Alberta Soccer Association.

YOUNG RANGERS ACADEMY

Rangers Academy sessions are led by our professional technical staff and are designed to sharpen footwork, boost individual skill, and deepen each player's understanding of the game.

CMSA GRASSROOTS LEAGUE

Calgary Minor Soccer Association (CMSA) Grassroots League U7 to U9 is modelled after national best practices and Canada Soccer Grassroots Standards. The league strives to provide children with a developmentally appropriate playing environment that allows expression, creativity, and development to flourish.

REFERAL PROGRAM

1. Email:

dronsky@calgaryrangers.com and CC the new Young Rangers family.

2. The new player will receive
15% off the Season

*(Discount doesn't stack with
Early Bird Pricing)*

3. The referrer will then receive a
15% credit on their account,
applicable to any future Young
Rangers Registrations, Camps, or
Outdoor 2027 Programs.

EARL BIRD SPECIAL

Receive 10% off the Season: You
must register before August 15th
to receive the discount.

The 10% off is already included at
checkout and prices will go up
10% on August 16th.