

CALGARY RANGERS SOCCER CLUB

PROGRAM GUIDE

CLUB OVERVIEW • 2025/26 INDOOR SEASON • OCTOBER TO MARCH

CMSA OVERVIEW

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CALGARY RANGERS SOCCER CLUB

PROGRAM GUIDE

CLUB OVERVIEW • 2025/26 INDOOR SEASON • OCTOBER TO MARCH

INDOOR PROGRAM OVERVIEW

Calgary Rangers Soccer Club is dedicated to providing a safe environment and creating a positive learning atmosphere for players of all ages and abilities. As a club, it is our responsibility to allow players, regardless of ability level, to push themselves to their desired level.

Joining the Calgary Rangers' CMSA program is perfect for any aspiring athlete who would like to play on a team. The team atmosphere is a great place to develop social skills, learn vital life skills, and meet lifelong friends. We try to match players of similar potential and commitment together.

Calgary Rangers teams are traditionally hardworking and well known for being respectful and honourable teams. These traits are valued by our coaches, technical staff, and club management.



**CMSA
REGISTRATION
DEADLINE
SEPTEMBER
12TH, 2025**

\$50 late fee applied after this date

KEY DATES

- Calgary Rangers programming begins October 1st and runs through March.
- CMSA games begins October 14th.
- Rangers Academy Fees due November 15th (if applicable).
- No Rangers sessions:
 - October 10th-13th
 - October 31st
 - February 13th-16th
- Winter Break:
 - December 22nd to January 2nd

CALGARY RANGERS SOCCER CLUB

INDOOR PROGRAM OVERVIEW

CLICK THE BELOW LINKS FOR MORE INFORMATION



**U9 (BORN 2017)
PROGRAM
OVERVIEW**



**U10 (BORN 2016)
PROGRAM
OVERVIEW**



**U11 (BORN 2015)
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OVERVIEW**



**U12 (BORN 2014)
PROGRAM
OVERVIEW**



**U13 (BORN 2013)
PROGRAM
OVERVIEW**



**U14/U15
(BORN 2012/2011)
PROGRAM
OVERVIEW**



U16/U17

**U16/U17
(BORN 2010/09)
PROGRAM
OVERVIEW**



U18/U19

**U18/U19
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PROGRAM
OVERVIEW**



APDL

**U14 - U17
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PROGRAM
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**REGISTRATION
& PAYMENT**

DEVELOPMENT PLUS+ PROGRAM**Dates:**

-  Team schedule available early October
-  Rangers program runs October – March
-  CMSA Season Dates
 -  Nov. 1st – Feb 21st
-  Winter Break: Dec. 15th to Jan. 3rd

Program: (Minimum Delivery)

- Practices: 16 sessions
-  Rangers Skill Centre: 5 × 60 min. sessions
-  Rangers Academy: 15 × 60 min. sessions
-  14 CMSA Match Days: **Saturdays** at Shane Holmes West Soccer Centre
-  5v.5 format

Registration:

-  Registration Fee: \$550
-  Mandatory Academy/Skills Fee: \$375
-  Early Bird Discount: 10% off before Aug. 20th 

DEVELOPMENT PROGRAM**Dates:**

-  Team schedule available NOW!
-  Rangers program runs October – March
-  Winter Break: Dec. 22nd to Jan. 4th
-  No CMSA Games
-  In-House Games

Program: (Minimum Delivery)

-  Practices: 15 sessions (**Thursdays**)
-  Rangers Skill Centre: 5 × 60 min. sessions
-  15 Match Days: **Sundays** at Calgary French & International School
-  5v.5 format
-  Matches In-House ( No CMSA games)

Registration:

-  Registration Fee: \$550
-  Mandatory Academy/Skills Fee: \$100
-  Early Bird Discount: 10% off before Aug. 20th 

PROSKILLZ PROGRAM**(OPTIONAL & SEPARATE OF MANDATORY RANGERS ACADEMY)**

-  Skills Program designed to develop and master individual skills and techniques to improve attacking creativity, with an emphasis on developing technically gifted players.
-  12 × 60 min sessions per season
 -  Fridays at Calgary French International School
-  **Dates:** Nov 7, 14, 21, 28 | Dec 5, 12, 19 | Jan 9, 16, 23, 30 | Feb 6.
-  **Fee:** \$299

DEVELOPMENT PLUS+ PROGRAM**Dates:**

-  Team schedule available early October
-  Rangers program runs October – March
-  CMSA Season Dates
 -  Oct. 14th – March 1st
-  Winter Break: Dec 22nd to Jan. 2nd

Program: (Minimum Delivery)

-  Practices: 16 sessions
-  Rangers Skill Centre: 5 × 60 min. sessions
-  Rangers Academy: 15 × 60 min. sessions
-  CMSA Match Days: Any day of the week
-  7v.7 format

Registration:

-  Registration Fee: \$600
-  Mandatory Academy/Skills Fee: \$375
-  Early Bird Discount: 10% off before Aug. 20th 

DEVELOPMENT PROGRAM**Dates:**

-  Team schedule available early October
-  Rangers program runs October – March
-  CMSA Season Dates
 -  Oct. 14th – March 1st
-  Winter Break: Dec 22nd to Jan. 2nd

Program: (Minimum Delivery)

-  Practices: 15 sessions
-  Rangers Skill Centre: 5 × 60 min. sessions
-  CMSA Match Days: Any day of the week
-  7v.7 format

Registration:

-  Registration Fee: \$600
-  Mandatory Academy/Skills Fee: \$100
-  Early Bird Discount: 10% off before Aug. 20th 

PROSKILLZ PROGRAM**(OPTIONAL & SEPARATE OF MANDATORY RANGERS ACADEMY)**

-  Skills Program designed to develop and master individual skills and techniques to improve attacking creativity, with an emphasis on developing technically gifted players.
-  12 × 60 min sessions per season
 -  Fridays at Calgary French International School
-  **Dates:** Nov 7, 14, 21, 28 | Dec 5, 12, 19 | Jan 9, 16, 23, 30 | Feb 6.
-  **Fee:** \$299

DEVELOPMENT PLUS+ PROGRAM

Dates:

-  Team schedule available early October
-  Rangers program runs October – March
-  CMSA Season Dates
 -  Oct. 14th – March 1st
-  Winter Break: Dec 22nd to Jan. 2nd

Program: (Minimum Delivery)

-  Practices: 16 sessions
-  Rangers Skill Centre: 5 × 60 min. sessions
-  Rangers Academy: 15 × 60 min. sessions
-  CMSA Match Days: Any day of the week
-  7v.7 format

Registration:

-  Registration Fee: \$650
-  Mandatory Academy/Skills Fee: \$425
-  Early Bird Discount: 10% off before Aug. 20th 

DEVELOPMENT PROGRAM

Dates:

-  Team schedule available early October
-  Rangers program runs October – March
-  CMSA Season Dates
 -  Oct. 14th – March 1st
-  Winter Break: Dec 22nd to Jan. 2nd

Program: (Minimum Delivery)

-  Practices: 15 sessions
-  Rangers Skill Centre: 5 × 60 min. sessions
-  CMSA Match Days: Any day of the week
-  7v.7 format

Registration:

-  Registration Fee: \$650
-  Mandatory Academy/Skills Fee: \$100
-  Early Bird Discount: 10% off before Aug. 20th 

PROSKILLZ PROGRAM

(OPTIONAL & SEPARATE OF MANDATORY RANGERS ACADEMY)

-  Skills Program designed to develop and master individual skills and techniques to improve attacking creativity, with an emphasis on developing technically gifted players.
-  12 × 60 min sessions per season
 -  Fridays at Calgary French International School
-  **Dates:** Nov 7, 14, 21, 28 | Dec 5, 12, 19 | Jan 9, 16, 23, 30 | Feb 6.
-  **Fee:** \$299

U12

BORN 2014

[Register Now](#)

C A L G A R Y R A N G E R S S O C C E R C L U B

TIERS 1 AND 2

Dates:

-  Team schedule available early October
-  Rangers program runs October – March
-  CMSA Season Dates
 -  Oct. 14th – March 1st
-  Winter Break: Dec 22nd to Jan. 2nd

Program: (Minimum Delivery)

-  Practices: 16 sessions
-  Rangers Skill Centre: 5 × 60 min. sessions
-  Rangers Academy: 15 × 60 min. sessions
-  CMSA Match Days: Any day of the week
-  7v.7 format

Registration:

-  Registration Fee: \$650
-  Mandatory Academy/Skills Fee: \$425
-  Early Bird Discount: 10% off before Aug. 20th 

TIERS 3 AND 4

Dates:

-  Team schedule available early October
-  Rangers program runs October – March
-  CMSA Season Dates
 -  Oct. 14th – March 1st
-  Winter Break: Dec 22nd to Jan. 2nd

Program: (Minimum Delivery)

-  Practices: 15 sessions
-  Rangers Skill Centre: 5 × 60 min. sessions
-  CMSA Match Days: Any day of the week
-  7v.7 format

Registration:

-  Registration Fee: \$650
-  Mandatory Academy/Skills Fee: \$100
-  Early Bird Discount: 10% off before Aug. 20th 

PROSKILLZ PROGRAM

(OPTIONAL & SEPARATE OF MANDATORY RANGERS ACADEMY)

-  Skills Program designed to develop and master individual skills and techniques to improve attacking creativity, with an emphasis on developing technically gifted players.
-  12 × 60 min sessions per season
 -  Fridays at Calgary French International School
-  **Dates:** Nov 7, 14, 21, 28 | Dec 5, 12, 19 | Jan 9, 16, 23, 30 | Feb 6.
-  **Fee:** \$299

U13

BORN 2013



C A L G A R Y R A N G E R S S O C C E R C L U B

SEASON DATES

- Team schedule available early October
- CMSA Season Dates:
 - Tiers 1-4: **Oct. 14th – March 5th**
 - Challenge Cup - Final 4 – **March 6th-8th**
 - Provincials: **March 13th – 15th**
- Rangers Program runs: **October – March**
- Winter Break: **Dec. 22nd to Jan. 2nd**

EARLY BIRD REGISTRATION

- Early Bird 10% off Base registration before **Aug. 20th**

[Register Now](#)

TIER 1

Program: (Minimum Delivery)

- Practices: 16 sessions
- WinSport Sports Science: 10 x 60 min. sessions
- Rangers Academy: 20 x 60 min. sessions
- CMSA Match Days: Any day of the week
- 7v.7 format

Registration:

- Registration Fee: \$700 +
- Mandatory Academy Fee \$700

TIER 2

Program: (Minimum Delivery)

- Practices: 16 sessions
- Rangers Academy: 20 x 60 min. sessions
- CMSA Match Days: Any day of the week
- 7v.7 format

Registration:

- Registration Fee: \$700 +
- Mandatory Academy Fee \$550

TIER 3

Program: (Minimum Delivery)

- Practices: 16 sessions
- Rangers Academy: 10 x 60 min. sessions
- CMSA Match Days: Any day of the week
- 7v.7 format

Registration:

- Registration Fee: \$700 +
- Mandatory Academy Fee \$270

TIER 4

Program: (Minimum Delivery)

- Practices: 16 sessions
- Rangers Academy: Optional (additional fee)
- CMSA Match Days: Any day of the week
- 7v.7 format

Registration:

- Registration Fee: \$700

U14 /15

BORN 2012/11



C A L G A R Y R A N G E R S S O C C E R C L U B

SEASON DATES

- Team schedule available early October
- CMSA Season Dates:
 - Tiers 1-4: **Oct. 14th – March 9th**
 - Challenge Cup - Final 4 – **March 6th-8th**
 - Provincials: **March 13th – 15th (U15 ONLY)**
- Rangers Program runs: **October – March**
- Winter Break: **Dec. 22nd to Jan. 2nd**

EARLY BIRD REGISTRATION

- Early Bird 10% off Base registration before **Aug. 20th**

[Register Now](#)

TIER 1

Program: (Minimum Delivery)

- Practices: 16 sessions
- WinSport Sports Science: 10 x 60 min. sessions
- Rangers Academy: 20 x 60 min. sessions
- CMSA Match Days: Any day of the week
- 7v.7 format

Registration:

- Registration Fee: \$700 +
- Mandatory Academy Fee \$700

TIER 3

Program: (Minimum Delivery)

- Practices: 16 sessions
- Rangers Academy: 10 x 60 min. sessions
- CMSA Match Days: Any day of the week
- 7v.7 format

Registration:

- Registration Fee: \$700 +
- Mandatory Academy Fee \$270

TIER 2

Program: (Minimum Delivery)

- Practices: 16 sessions
- Rangers Academy: 20 x 60 min. sessions
- CMSA Match Days: Any day of the week
- 7v.7 format

Registration:

- Registration Fee: \$700 +
- Mandatory Academy Fee \$550

TIER 4

Program: (Minimum Delivery)

- Practices: 16 sessions
- Rangers Academy: Optional (additional fee)
- CMSA Match Days: Any day of the week
- 7v.7 format

Registration:

- Registration Fee: \$700

U16 /17

BORN 2010/09



C A L G A R Y R A N G E R S S O C C E R C L U B

SEASON DATES

- Team schedule available early October
- CMSA Season Dates:
 - Tiers 1-4: **Oct. 14th – March 9th**
 - Challenge Cup - Final 4 – **March 6th-8th**
 - Provincials: **March 13th – 15th (U17 ONLY)**
- Rangers Program runs: **October – March**
- Winter Break: **Dec. 22nd to Jan. 2nd**

EARLY BIRD REGISTRATION

- Early Bird 10% off Base registration before **Aug. 20th**

[Register Now](#)

TIER 1

Program: (Minimum Delivery)

- Practices: 16 sessions
- WinSport Sports Science: 10 x 60 min. sessions
- Rangers Academy: 20 x 60 min. sessions
- CMSA Match Days: Any day of the week
- 7v.7 format

Registration:

- Registration Fee: \$700 +
- Mandatory Academy Fee \$700

TIER 2

Program: (Minimum Delivery)

- Practices: 16 sessions
- Rangers Academy: 20 x 60 min. sessions
- CMSA Match Days: Any day of the week
- 7v.7 format

Registration:

- Registration Fee: \$700 +
- Mandatory Academy Fee \$550

TIER 3

Program: (Minimum Delivery)

- Practices: 16 sessions
- Rangers Academy: 10 x 60 min. sessions
- CMSA Match Days: Any day of the week
- 7v.7 format

Registration:

- Registration Fee: \$700 +
- Mandatory Academy Fee \$270

TIER 4

Program: (Minimum Delivery)

- Practices: 16 sessions
- Rangers Academy: Optional (additional fee)
- CMSA Match Days: Any day of the week
- 7v.7 format

Registration:

- Registration Fee: \$700

U18 /19

BORN 2008/07



C A L G A R Y R A N G E R S S O C C E R C L U B

SEASON DATES

-  Team schedule available early October
-  CMSA Season Dates:
 -  Tiers 2-4: **Oct. 14th – March 9th**
 -  Challenge Cup - Final 4 – **March 6th-8th**
 -  Provincials: **March 13th – 15th**
-  Rangers Program runs: **October – March**
-  Winter Break: **Dec. 22nd to Jan. 2nd**

EARLY BIRD REGISTRATION

-  Early Bird 10% off Base registration before **Aug. 20th**

[Register Now](#)

TIER 2

Program: (Minimum Delivery)

-  Practices: 16 sessions
-  Rangers Academy: 10 sessions
-  CMSA Match Days: Any day of the week
-  7v.7 format

Registration:

-  Registration Fee: \$700 +
-  Academy Fee \$270

TIER 3/4

Program: (Minimum Delivery)

-  Practices: 16 sessions
-  Rangers Academy: Optional (additional fee)
-  CMSA Match Days: Any day of the week
-  7v.7 format

Registration:

-  Registration Fee: \$700

ADULTS PROGRAM

Interested in our Mens and Womens Program?

Reach out to your Academy Director for options.

Girls U13+ Academy Director: Will Feria - wferia@calgaryrangers.com

Boys U13+ Academy Director: Alistair Clarke - aclarke@calgaryrangers.com

CALGARY RANGERS SOCCER CLUB

APDL OVERVIEW

APDL OVERVIEW • 2025/26 INDOOR PHASE • NOVEMBER TO MARCH

CALGARYRANGERS.COM/APDL



2025-26 APDL SEASON

- U14 to U17 Age Groups
- Born 2012 to 2009
- August Intake of 2012 Born Players
- APDL National Championships for U15 & U17 Teams
- Fee Instalments
- Season Breakdown
- Off-Field Training Breakdown
- Kit Details



**APDL
REGISTRATION
DEADLINE
AUGUST 24TH,
2025**



APDL

U14-U17



C A L G A R Y R A N G E R S S O C C E R C L U B

SEASON DATES

 Team schedule available **Late August**

 APDL Season Dates: **Sept – August**

 Rangers Program runs: **Sept - August**

EARLY BIRD REGISTRATION

 Early Bird 10% off Base registration before **Aug. 20th**

Register Now

ANNUAL CALENDAR

U14-U17

 Intake Phase August 25th to August 29th

 Fall Phase (September to October)

 Dates:

Starts September 2nd – Ends mid October

 Training: 16 sessions

 Games: 5-8 APDL match days 11v11 format

 Indoor Phase (November to March)

 Training: 40 sessions

 WinSport Sports Science: 20 x 60 min. sessions

 Games: 6 APDL match days 9v9 format (January to March)

 Outdoor Phase (April to August)

 Training: 40 sessions

 WinSport Sports Science: 4 x 60 min. sessions

 Games: 10-14 APDL match days 11v11 format (April to August)

KIT (PROVIDED)

 Yellow & Navy Jersey (Jersey Bond required)

 Yellow & Navy shorts

 Yellow & Navy cut-off socks

PROGRAM

 Futsal Tournament Registration (x2 teams)

 Sports Performance Sessions – WinSport

 Sports Testing Combines (x2)

 Sports Psychology Education

 Sports Nutrition Education

 Video Analysis Sessions (x5)

 Veo Video Platform Access

 Individual Player Development Plans

 Physiotherapist Provided for All Games

 Additional Club Showcase/Tournaments *

*Not included in program fees

Registration:

 Registration Fee: \$1050

 Instalment Fee (Nov) \$1050

 Instalment Fee (March) \$1050

 Instalment Fee (June) \$800

Deadline: August 24th

CALGARY RANGERS SOCCER CLUB

U20 OVERVIEW

U20 OVERVIEW • 2025/26 INDOOR SEASON • SEPTEMBER TO MARCH

CALGARYRANGERS.COM/APDL



2025-26 U20 PROGRAM

- U20 Men's & Women's Teams
- Born 2008 to 2007
- CUSA
- CWSA
- CMSA
- Season Breakdown
- Integration with Adult Programs
- Fee Breakdown
- Must be 16 Years-Old



**APDL
REGISTRATION
DEADLINE
AUGUST 24TH,
2025**



U20

16+



C A L G A R Y R A N G E R S S O C C E R C L U B

SEASON DATES

-  Team schedule available **September**
-  CUSA Season Dates: **November – March**
-  Rangers Program runs: **September - March**

EARLY BIRD REGISTRATION

-  Early Bird 10% off Base registration before **Aug. 20th**

[**Register Now**](#)

MENS

U20

 Fall Phase (September to October)

 Dates:

Starts Sept 2 – Ends mid October

 Training: 10 sessions

 Games: 3 match days (exhibition)

 Integrated with Men's Program – train alongside experienced senior players!

 Indoor Phase (November to March)

 November to March

 Training: 14 sessions

 Games: 28 matches

 League Placement:

 CMSA U19/Futsal

 CUSA U23

 Placement based on team fit & competition level

Registration:

 Registration Fee: \$700

 Academy Fee \$350

WOMENS

U20

 Fall Phase (September – October)

 Dates:

Starts September 2 – Ends mid October

 Training: 10 sessions

 Games: 3 match days (exhibition)

 Integrated with Women's Program – train alongside experienced senior players!

 Indoor Phase (November – March)

 November to March

 Training: 14 sessions

 Games: 28 matches

 League Placement:

 CMSA U19/Futsal

 CWSA

 Placement based on team fit & competition level

Registration:

 Registration Fee: \$700

 Academy Fee \$350

ADULTS OVERVIEW

ADULTS OVERVIEW • 2025/26 INDOOR SEASON • NOVEMBER TO MARCH

CALGARYRANGERS.COM



2025-26 ADULTS PROGRAM

- Adult Men's & Women's Teams
- CUSA
- CWSA
- Season Breakdown
- Fee Breakdown
- Multiple Divisions
- Must be 16 Years-Old



ADULTS

16+



C A L G A R Y R A N G E R S S O C C E R C L U B

SEASON DATES

-  Team schedule available **Late October**
-  CUSA Season Dates: **November – March**
-  Rangers Program runs: **November - March**

[Register Now](#)

CUSA

PREM/DIV 2/3/4

Program:

-  Games: CUSA league format; games played any day during the week; 6 v. 6 format
- Where spots are available based on ability

Registration:

-  Registration Fee: \$350 - \$400
(determined once CUSA league fees are released)

CWSA

PREM/DIV 2/3

Program:

-  Games: CWSA league format; games played any day during the week; 6 v. 6 format
- Where spots are available based on ability

Registration:

-  Registration Fee: \$350 - \$400
(determined once CWSA league fees are released)

[Home](#)

EVALUATIONS

Calgary Rangers have a very thorough evaluation process, all players will be evaluated for the Indoor 2025-26 season based on a combination of:

ALL NEW RANGERS PLAYERS will be evaluated at the New Player Assessment and during Pre-season training:

- Outdoor 2025 season evaluations completed by the technical team.
- Outdoor 2025 season evaluations completed by coaches and technical team.
- Historical data from previous seasons.
- Historical data on where players have played before.
- New Player Assessment and Orientation Sessions September 13th - 21st 2025.
- Pre-season age group training sessions October 2025.

At Calgary Rangers, we strive to build the best possible teams by focusing on long-term player development rather than short-term success. We recognise the pressure that traditional mass evaluation sessions can place on players and families. We also understand that a single, one-off session isn't always the most accurate or fair way to assess a player's ability.

Instead, we evaluate players in the comfort of their regular training environment, through our pre-season program, which not only supports meaningful assessments but also prepares players for the Indoor Season. Pre-season age group training and practices, will begin in early October. Any new players who were not assessed during the new player evaluation sessions will be placed into training groups and evaluated as part of the pre-season roster process.

GEAR REQUIREMENTS

Players in U9 - U20 will be required to have a Rangers practice shirt, game shorts, game socks, shin pads, and soccer cleats/indoor soccer shoes. Game jerseys are provided for each player. At the time of registration, you will be required to pre-authorize a \$100 jersey bond. This bond will only charge if the jersey is not returned at the end of the season.

- **U9 to U12 players are required to have a size 4 soccer ball**
- **U13 to U20 players are required to have a size 5 soccer ball**

Club wear is available for purchase year-round from [Kicks Sports North & South Locations](#) (4625 Varsity Dr. NW & 9737 Macleod Trail SW).

VOLUNTEER/TEAM MANAGEMENT FEE

We require our families to volunteer each season. Volunteers are extremely important to the operation of the club and allow us to provide a quality soccer program. We are proud to have an exceptional group of parents committed to helping our club provide their children the best soccer experience available.

At the time of registration, you will be required to pre-authorize a \$150 Volunteer/Team Management Bond. This bond will be charged unless you volunteer for a club shift or as a rostered team official during the season.

Teams that do not have sufficient parent volunteers to coach or manage the team will have their volunteer fee cashed regardless of whether parents of the team have signed up for club shifts.

Teams are primarily volunteer driven with the support of the Calgary Rangers Technical Team.

FACILITY FEE

A \$35 facility fee will be added to all registrations to support the long-term goal of building improved training facilities for our players. This fee is dedicated solely to facility development.

Calgary Rangers have secured turf training space at Shane Homes Soccer Dome, Webber Academy Athletic Park, and our new Home Field, ensuring players benefit from high-quality, consistent training environments.

With our growing partnership with Webber Academy, we now have a clear vision and plan to one day build our own year-round indoor facility. Every registration, fundraising effort, and sponsorship brings us one step closer to that goal.

Thank you for supporting the future of Rangers soccer.

DEVELOPMENT PLUS+ & DEVELOPMENTAL PROGRAMMING U9-U11

Development vs. Development Plus+

Both streams offer a high-quality experience designed around each child's needs, interests, and motivations—not ability.

Key differences include:

- Development Plus+: City-wide division, longer split season, more weekly contacts
- Development: Regional play, shorter season, fewer weekly commitments

In this player-first model, placement is based on a child's interest, commitment, and soccer maturity. Calgary Rangers supports equal playing time, rotation through all positions, and no scores or standings in either stream.

Developmental Plus+ Stream

This stream is appropriate for players and families interested in:



Soccer as their primary activity

For players who LOVE soccer, are very interested & likely to participate year-round



Longer Season, City-Wide

For players looking for a longer season and are comfortable with city-wide play



More activity each week

For players looking for increased play/training opportunities within their club environment

Developmental Stream

This stream is appropriate for players and families interested in:



A variety of sports or activities

For players who may be multi-sport, have a variety of different interests/commitments, looking for 'part-time soccer'



Shorter Season, Quadrant-based

For players looking for a shorter season and want games closer to home



Less activity each week

For players looking for less soccer activity to make time for other interests/family time

U9-U11 DEVELOPMENTAL PLUS+ & U12 T1/2 ACADEMY SESSIONS

Development Academy Overview

The Development Academy focuses on building fundamental skills and techniques aligned with weekly themes, key phases, and principles of play. Each session features stations where coaches guide players through game scenarios (1v1, 2v1, 2v2, etc.), encouraging them to explore solutions and master ball control while developing movement and body awareness.

Sessions start with a 10-minute ball mastery warm-up, followed by two 25-minute station rotations.

Development Plus+ academy players receive age-specific sessions aimed at enhancing technical skills and in-game decision-making.

Please note: For tiers with mandatory additional academy fees, payment is due by Nov 15th, 2026.

RANGERS SKILLS CENTRE U9-U12

Conditioned Games, Small-Sided Games, and Game-Related Practices

The Skills Centre challenges players to adapt to different constraints, such as pitch size, scoring methods, and opposition numbers, within small-sided games and game-related practices. Each station is designed around the weekly theme, encouraging players to think critically and make their own decisions through guided discovery and problem-solving.

Benefits include:

- Increased ball contact time
- Game-like training scenarios
- Fun and engaging sessions for all players

CMSA U12-U19 LEAGUE

CMSA’s U12–U19 leagues offer quality programming tailored to players at all ages, development stages, and commitment levels. Whether experienced or new to the sport, players are welcomed to join clubs and continue their soccer journey. These leagues align with Long-Term Player Development (LTPD) Standards, fitting into Stage 7 — Active for Life or Competitive for Life.

When tiering players, it’s important to balance skill level and commitment. CMSA recommends considering several factors to ensure appropriate placement.

Tier I and Tier II Considerations



More developed players

For players who are more developed and experienced in the game of soccer



Year-round soccer participation

For players who are more likely to play year-round and/or have soccer as their primary activity



Increased weekly commitment*

For families committed to 3 or more soccer activities each week (training and a match)

Tier III and Tier IV Considerations



More entry-level players

For recreational players and/or players who are entering the sport for the first time



Seasonal or multi-sport athletes

For multi-sport athletes interested in seasonal participation or a variety of activities



Decreased weekly commitment*

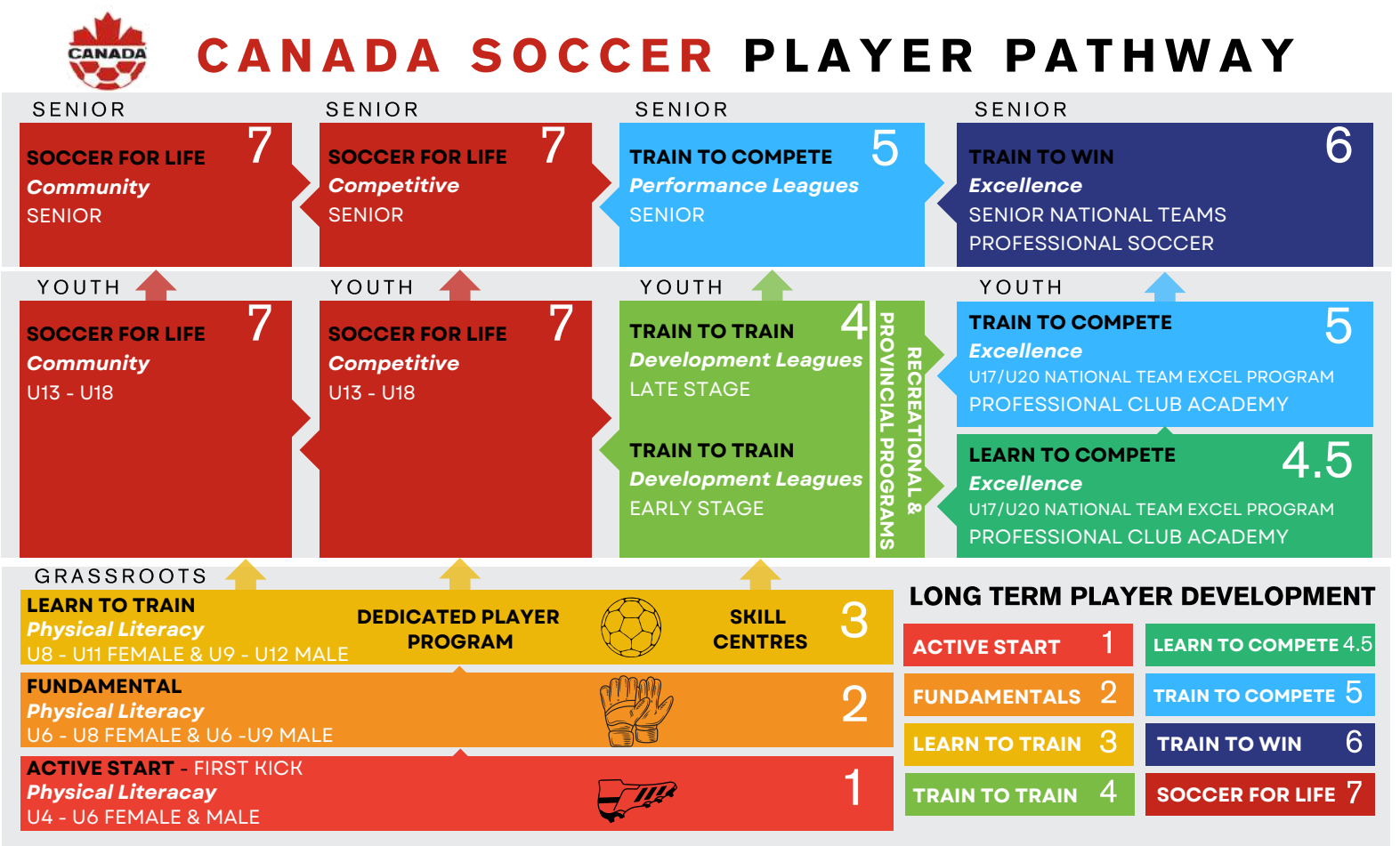
For families committed to less than 3 soccer activities each week (training and a match)

ACADEMY U13-U20

Technical/Tactical – Physical – Social/Emotional – Psychological

Calgary Rangers academy sessions are led by trained, certified technical staff using an age-specific curriculum aligned with our Game Model. Grounded in Long-Term Player Development (LTPD) principles, these sessions provide a structured, long-term approach to help players develop the skills needed to succeed at any level.

Players will be challenged individually and as a team across all four key areas of the game, following the Calgary Rangers Game Model.



RANGERS GOALKEEPING ACADEMY

Goalkeeping is a unique and demanding position, and the Rangers Goalkeeper Academy provides specialized training tailored to the needs of keepers at all ages and skill levels. Our program combines the latest, up-to-date training methods with core foundational techniques to ensure goalkeepers develop strong, well-rounded skills.

Led by Jordan Santiago and Summit Goalkeeping—a comprehensive training academy dedicated to enhancing every aspect of the goalkeeper’s game—our program offers professional, high-quality training in a fun, intense, and supportive environment. Our mission is to develop Calgary Rangers’ goalkeepers both on and off the field, building leadership, resilience, and the skills needed to enjoy goalkeeping for life.

NATIONAL YOUTH CLUB LICENSE

Calgary Rangers Soccer Club was one of only seven clubs in Alberta, and one of the first 39 clubs nationally, to be awarded the National Youth Club License by Canada Soccer in August of 2019.



Alberta Player Development League (APDL)

The APDL began outdoor play in 2021 with the U15 age group (players born in 2006), introducing one new birth year at the U14 level each year. In 2024, the league was fully operational from U14 to U17. Participation is limited to clubs holding the National Youth Club License.

This August, the APDL rollout will continue with the 2012 age groups. Future expansions include the 2013 groups starting August 2026.

The Canada Soccer National Youth Club License recognizes top organizations nationwide, granting them the Canada Soccer Approved Youth Soccer Club endorsement. Licensed clubs meet the highest standards in governance, administration, infrastructure, and technical excellence. They support their PTSO club license and Canada Soccer Pathways, and compete in Canada’s premier Player Development Program.

PLAYER DEVELOPMENT PROGRAM - APDL PLAYERS

Alberta Soccer has fully launched its standards-based Alberta Player Development League (APDL) designed for performance-level players. All league standards are approved by Canada Soccer and include full-year periodized technical training plans, minimum coaching licenses, video analysis, and organizational excellence.



The goal of the program is to provide each player with the best possible training and competition environment. Canada Soccer's Regional Excel Director and U15 National Team Head Coach regularly scout the league through scheduled visits.

Our comprehensive periodized training program includes an approved technical plan, licensed coaches, strength and conditioning, mental performance, nutrition, and video analysis to support player development.

[Full APDL Program details can be found here.](#)



WinSport strives to deliver practical, evidence-based training to enhance youth athlete performance.

WinSport's Performance Training Centre (PTC) houses premier training facilities and multi-sport centres. Their Athlete Development programs are designed for athletes aged 11-17 who are seeking a competitive edge. The Strength & Conditioning team at the PTC will educate all athletes in areas of efficient movement patterns, work capacity, strength, explosive speed, power, and agility to achieve sustainable peak performances.

U13–U17 Tier 1 and APDL players will have WinSport training included in their training packages. Optional packages are available for all teams with a fee.

Our outdoor soccer specific testing day will be scheduled in the fall.

REGISTRATION

To register for a program, please create an account profile using our [Rangers PowerUp Platform](#).

You only need one account per family. This account is used to sign up for programs and camps that Rangers offers. If you already have an account and have registered previously, you do not need to create a new account.

Players must be registered to participate in any pre-season age group training sessions or games.

All new players to the club are required to submit Proof of Age in the form of a birth certificate, Alberta Health Care card or Passport to: **proofofage@calgaryrangers.com**.

Registration for Indoor 2025/26 will close on September 12th, 2025.

PAYMENT

At time of registration, you will be required to pay the base registration fees. Following pre-season and player placement, additional fees for Academy, Skills Centres and Sports Science programs will be required to be paid by November 15th, after this date an additional \$50 late fee will be charged. If you require additional information, please contact the club at **dronsky@calgaryrangers.com**.

Any Tier 3 teams that are moved to Tier 4 based on CMSA pre-season results will still be required to participate in the Academy program. Any Tier 4 team that wishes to participate in a Tier 3 Academy program will be subject to pay the associated fees.

Any players playing in the Development CMSA Festival League but on the Development Plus+ Academy programming will be subject to pay the fee associated with that program.